

Hourglass (Safer Ageing)

Hourglass

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Hourglass (Safer Ageing) is the only UK-wide charity dedicated to calling time on the harm and abuse of older people. We deal with the very worst elements of physical, sexual, financial, psychological, and domestic abuse and neglect. We stand alone in this field, offering life-changing support to victims, their families, and wider communities.

Our mission is simple: **no older person should be harmed or abused.**

Our Services

We offer a range of services to people who are concerned about the abuse of an older person or need advice to age more safely. Our services include:

24/7 Helpline

0808 808 8141

Confidential helpline providing information and support to anyone concerned about harm, abuse, or exploitation of an older person.

The helpline is operated by trained staff and volunteers who can signpost to appropriate agencies and provide information, advice, and support to help you make the right choices about keeping

safe.

Our 24/7 helpline is free from a landline or mobile. The number will not appear on your phone bill. Our lines are open 24/7 – including weekends and bank holidays.

This year we will respond to almost **10,000 calls**.

Casework

We work with those who have suffered abuse on a one-to-one basis to ensure they can recover from the event and address the risk factors that make older adults potentially more susceptible to harm.

These risk factors can include isolation, loneliness, difficulty accessing services, lack of home security, digital exclusion, etc

Awareness Raising

We seek to raise awareness about how to recognize and respond to abuse, and provide information seminars and training to various community and business groups.

Statistics on Recognising Abuse

Research from WHO shows that 1 in 6 people over the age of 60 will experience abuse each year.

Research was commissioned by Hourglass in 2020 around the attitudes of people on abuse of older people:

1 in 3 people don’t see:

- Using Power of Attorney over an older person for personal financial gain as abuse
- Taking money from an older relative’s bank account as abuse
- Verbal threats, mockery, or intimidation towards an older person as abuse

1 in 4 people don’t see:

- Acts of domestic violence towards an older person as abuse
- Unwanted sexual contact with an older person as abuse
- Unwanted physical contact towards an older person as abuse

1 in 5 people don’t see:

- Pushing, hitting, or beating an older person as abuse

Hourglass want to partner with as many organisations as we can that have any sort of contact with older people to help us ensure they understand what abuse looks like and for them to know that is they are facing any type of abuse or neglect that they have support to get through this.

Visit Hourglass website